



Women's Health Near and Far

Annual Meeting (with recognitions)

Tuesday; March 15th 2016

Classic Café Catering and Event Center

4832 Hillegas Road; Fort Wayne, IN 46818

Special Guests:

Valerie Lake, DDS: Dental Health and measures of affluence

Christina Francis, MD: Women's health and country of residence

We are privileged to have in our community medical professionals with concern for the overall health of women regardless of their financial and regional situation. Thank you doctors for agreeing to share your expertises with us that we may more appropriately address our needs and concerns for self and others.

- 5:30 pm Gathering and getting reacquainted with members, friends and guests
- 6:00 pm Meal (Chicken Breast main course with assortment of dessert pies)
- 6:30 pm Meeting and Recognitions
- 7:00 pm Distinguished presenters
- 7:30 pm Announcements and goodbyes

Reservation information: In our continued efforts designed to effect timely reservations and the inviting of guests, the following pertain to costs and times for your attention:

Member cost for this event, if reserved and paid by Tuesday, March 1st 2016: \$18.00 per person. This is the stated 25% discount for timely planning. Guest reservations are at this \$18.00 rate.

Member cost for reservation received after the established early date is \$24. per person. Reservations close Tuesday; March 8th 2016.

Intentionally blank

Reservation information should be submitted to Charlotte Trenary at:

5306 Indiana Avenue, Fort Wayne Indiana 46807-3030

March 15th 2016 Annual Meeting reservation

Names:

Member Reservation(s) _____ Guest Reservation(s) _____

Total amount _____ Check number _____ (date rec'd _____)

May 14th Event reservation

Names:

Member Reservation(s) _____ Guest Reservation(s) _____

Total amount _____ Check number _____ (date rec'd _____)

PRESIDENT'S MESSAGE

Welcome to 2016! This year is going to be one fraught with lively discussions, impassioned speeches, heated debates and, most likely, arguments when it comes to our political future. But one thing that is not up for debate is how strong a role AAUW can make in the advancement, well-being, and success of women.

As AAUW National and AAUW of Indiana work for the betterment of women, so do we here in Fort Wayne. Our mission is to empower women and girls through advocacy, education, philanthropy, and research.

Our next step in this direction will take place in March at our annual meeting where, in addition to electing new officers, we will have speakers discussing **Women's health issues**. This is an issue that is important to us all—no matter what our age or stage in life. Here is an excerpt from an on-line article from the World Health Organization on women's health:

Being a man or a woman has a significant impact on health, as a result of both biological and gender-related differences. The health of women and girls is of particular concern because, in many societies, they are disadvantaged by discrimination rooted in sociocultural factors. For example, women and girls face increased vulnerability to HIV/AIDS.

Some of the sociocultural factors that prevent women and girls to benefit from quality health services and attaining the best possible level of health include:

- *unequal power relationships between men and women;*
- *social norms that decrease education and paid employment opportunities;*
- *an exclusive focus on women's reproductive roles; and*
- *potential or actual experience of physical, sexual and emotional violence.*

While poverty is an important barrier to positive health outcomes for both men and women, poverty tends to yield a higher burden on women and girls' health due to, for example, feeding practices (malnutrition) and use of unsafe cooking (COPD).

I think we owe it to ourselves to become as educated as possible about the state of health care for women here and around the world. But it all starts with learning.

Please plan to come so that we may become better educated and share our knowledge.

Cathy Huff, President

Know Your 2016 AAUW

Distinguished Guest Speaker, Bitá Zakeri

AAUW 2015-16 American Fellowship Award

Crossing Multiple Borders:

Transnational and Transcultural Identities of Iranian Women in the United States

Saturday; May 14th 2016

Fort Wayne Country Club

5221 Covington Road; Fort Wayne, IN 46804

9:30 am	Gathering
10:00 am	Breakfast
10:30 am	Honored guest, Bitá Zakeri, from IU, Bloomington will share her award winning project
11:30 am	discussion and closing remarks

Many thanks to those members who contributed to making Bitá's visit to AAUW Fort Wayne an enjoyable and memorable stay. Thanks also to area AAUW branches who participated in this event.

Reservation information: In our continued efforts designed to effect timely reservations and the inviting of guests, the following pertain to costs and times for your attention:

AAUW Fort Wayne Branch member cost for this event, if reserved and paid by Saturday April 30th 2016: \$18.00 per person. This is the 25% discount for timely planning. Guest reservations: \$18.00 per person.

Member cost for reservation received after the established early date is \$24. per person. Reservations close Saturday May 7th 2016.

Your reservation information should be submitted to Charlotte Trenary at:

5306 Indiana Avenue, Fort Wayne Indiana 46807-3030 (form on previous page)

Additions and Corrections for your Directory:

Our apologies to members whose information was previously omitted or incorrectly stated:

- Add Betty Sonnek to the list of Honorary Life Members
- Carolyn Pelz (spelling correction)
- Dorothy Woods 7018 Tullamore Ct, 35 (260)418-5497
- Nan Getzin address as of 2016 as originally stated in our branch directory

Please check your information listed anywhere in the directory. If there is an error please let me know.

Connie LaBrash, Membership Records labrash_cornelia_3013@comcast.net

PROGRAMS

March 15th 2016 is the date for our Annual Meeting and Recognition (see above). The program addresses Women's Health and will feature two very talented doctors: area dentist Dr. Valerie Lake is founder of Matthew 25 health clinic which addresses the health needs of the financially disadvantaged in our community. Dr. Lake's office is on Covington Road at Getz; and gynecologist Dr. Christina Francis who worked in Africa to enhance female medical survival. Dr. Francis' practice operates through Parkview. Both professionals are passionate about their work and we are fortunate they have agreed to speak about health as it pertains to women.

May 14th 2016 we round out our Programming calendar with Bitia Zakeri, AAUW American Fellow. She has accepted our invitation to come to us from IU where she is an ABD PhD with the focus on Iranian immigrant women and the US environment. Mark your calendars and plan to attend this nationally recognized scholar. Area AAUW branches have been invited to share this experience with us. This final program will be held beginning at 9:30 am at the Fort Wayne Country Club.

Thelma Bowles, Chair

AAUW TRUST

The Cancer Services of Fort Wayne paid a special tribute to the Fort Wayne AAUW organization and Trust, in their past newsletter. The tribute described the Cancer Services', AAUW Fort Wayne Trust funded, project of creating greeting cards to help provide added cheer for clients affected by cancer. The Cancer Services was very pleased to partner with Fort Wayne AAUW in this project and thanked the Trust for its generosity.

For your enlightenment, the 2016 trust grant application process is proceeding and will conclude with the awarding of grants at the April 12th 2016 public meeting. The meeting will begin at 6pm at the main branch of the Allen County Public Library with presentations from last year's recipients and will culminate with the awarding of this year's grants.

Dr. Bobbie Weikle, Chair

MEMBERSHIP:

The absolutely best time for a new AAUW member to join is MARCH! National AAUW has a special “deal” for new members joining on or after March 15th. The \$69 dues are then good for 15 months – until June, 2017.

This is a perfect time for all of us to be recruiters and to help build our Branch with new “blood”! Begin right now, talking up who we are and what we do locally, in Indiana, nationally, and internationally. Once you get an interested prospect, call or e-mail Barb Kanning or Margie Schimmel to have a packet of information sent. THEN, invite the prospect to come with you to the March 15th meeting where they will actually see what we do and meet our members. I (Barb) will be there to help them join that night!

‘See registration information in this bulletin. ‘Need facts to share about AAUW? Go to aauw.org and you’ll find all kinds of info. – or call Barb or Margie for a brochure. Barb Kanning

Membership co-chairs: Barb Kanning (260) 432-5228 Kanning4@frontier.com

and Margy Schimmel (260)747-5078 Margy.schimmel@yahoo.com

ONE AAUW. ONE MISSION. ONE FUND.

Congratulations for the success of the Fort Wayne AAUW Branch fund raising effort! Thank you for being so supportive of the AAUW One Fund initiative. The National AAUW One Fund and your support for it are critical to effecting appropriate quality of life for all women and girls.

Phyllis S. Thompson, Fort Wayne AAUW Fund Director

INTEREST GROUPS

AFTERNOON BOOK DISCUSSION

Mar. 17 – God Help the Child by Toni Morrison: Leader Shirley Deschler

CREATIVE ARTS AND SERVICE

Feb. 16 – Service: Thank You cards at Cancer Services of NE Indiana – Monette King

CURRENT LITERATURE II

Feb. 22 – Orphan Train by C. B. Kline: Reviewer Susan Stone, Hostess Pat Becker

GREAT DECISIONS II

Rita Voors, leader (260) 493-7384

CREATIVE STITCHERY AND CRAFTS

Mar.1 – Casserole Tote: Instructor Ann McKenna/ Hostess and Dessert Carolyn Vanice

CURRENT LITERATURE I

March – no meeting

PAY EQUITY DAY this year is April 12th

Women work hard, earn degrees, get into the work force and, when they retire their Social Security Checks lag behind that of comparable males. He has followed the exact same path BUT we live in an unjust employment system!!! Because she is discriminated against in pay, when she retires her government ‘reward’, which is tied to her highest five consecutive years of pay, does not equal that of a man who jumped through the same hoops.

April 12th 2016 is the date this year that equates to the December 31st 2015 for that comparable male. It took her 15½ months to receive what he received in 12.

We may live in the land of the free BUT it certainly is not equal. Let our voices be heard.

A Rally will be held on the 12th. Watch for more information and show your willingness to effect changes for the women coming after us.

TAPESTRY: A Day for You

A wonderful day of renewal for women will be held at the Memorial Coliseum on Friday, April 29th, 2016. This is a day of inspiration, renewal, and education for women in all stages of life while also raising scholarship funds for students in the College of Health and Human Services at IPFW. Last year \$50,000 in scholarships was awarded to nontraditional women! Since its inception in 2002, Tapestry has raised over \$750,000 for this scholarship effort partnered by IPFW and Parkview Health, with AAUW Fort Wayne partnering to distribute the brochures to sponsors/partners in February. This year's Keynote Speaker will be Vicki Lawrence. **MARK THE DATE ON YOUR CALENDARS AND PLAN TO ATTEND**

Registration begins February 26th. For information, go to tapestry@ipfw.edu or 260-481-6854.

AAUW INDIANA 2016 CONVENTION

Mark the date: Saturday, April 30, 2016. The Indianapolis Branch will host us for our annual state convention at Conner Prairie in Noblesville. This is a beautiful facility and easy to find. The meeting includes delicious breakfast and lunch and a great day of programming, including a member of the National Board!

The particulars will be included in the IN Bulletin, out soon.

This is a wonderful opportunity to interact with other AAUW "sisters," ask questions, and get ideas that work from other Branches and from the National Board.

The IN Board of Directors has voted to underwrite some of the cost for the day to keep the registration fee very affordable. We will be carpooling from Fort Wayne, so get the date reserved on your calendars.

Barb Kanning, Indiana AAUW Board of Directors, AAUW Fund Co-Director

**AAUW, FORT WAYNE BRANCH
DUES RENEWAL FORM**

NAME _____

Breakdown of payments:

REGULAR Association \$49.00, State \$7.00,
Branch \$13.00 **TOTAL \$69.00**

HONORARY LIFE -0-

LIFE MEMBER State \$7.00. Branch \$13.00
TOTAL \$20.00

STUDENT Association \$19.00, Branch \$2.00
TOTAL \$21.00

COMMUNITY MEMBER Branch \$13.00
TOTAL \$13.00

Make check payable to AAUW (dues)

\$46.00 of AAUW dues is deductible as a
charitable contribution for Federal Income
Tax purposes)

Contributions require separate checks.

AAUW FUNDS \$ _____

AAUW LAF \$ _____

Any corrections for the 2016-17 Yearbook?

Yes _____ No _____ If yes please note the
changes:

Name _____

Address _____

Phone _____

Status _____

EMAIL _____

ADDRESS _____

***PLEASE COMPLETE THIS FORM AND
SEND IT, ALONG WITH YOUR CHECK,
TO:***

**Pat Becker, Treasurer
2512 Bosworth Drive
Fort Wayne, IN 46805-3027**

DUE DATE: JUNE 15th 2016

**Membership dues need to be paid either by
mail (sent to Pat) or you can bring your
dues to the May 14th breakfast program at
the Fort Wayne Country Club.**

WE ARE ALWAYS READY TO WELCOME NEW
MEMBERS INTO AAUW. IF YOU HAVE
CONTACTS TO WHICH YOU WOULD LIKE
LITERATURE SENT, PLEASE CONTACT BARBARA
KANNING OR MARGIE SCHIMMEL FOR A
PACKET OF MEMBERSHIP MATERIALS.

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Cathy Huff

4329 North Dr.

Fort Wayne, IN 46815

Return Requested

Websites: www.aauwfortwayne.org www.indstate.edu/aauw-in www.aauw.org

AAUW Advancing equity for women and girls through advocacy, education, philanthropy, and research